



# 7 Tips for Taking the Struggle Out of School

- 1. Mix up your daily subject schedule.**
- 2. Offer a snack in between or during subjects (when appropriate.)**
- 3. Give fidgeters something to fidget with.**
- 4. Change venues.**
- 5. Get physical.**
- 6. Experiment with the time of day you teach.**
- 7. When all else fails, try a hard reset.**